

40. Internationaler Sickingerh h Volkslauf in Hermersberg

6. Lauf zum Laufladencup 10 Km

30.06.2012

| LNr | StNr | Name | Verein | Jahrg | Klasse | | Zeit |
|-----|------|------------------------|------------------------|-------|--------|----|----------|
| 1 | 314 | Bour Andr  | TuS 06 Heltersberg | 1975 | M30 | 1 | 33:50,10 |
| 2 | 274 | Maxwell Aren | LLG Landstuhl | 1992 | M20 | 1 | 34:58,20 |
| 3 | 312 | Barnsteiner Alexander | LLG Landstuhl | 1974 | M30 | 2 | 36:26,60 |
| 4 | 315 | Bernardon Ramon | The-B-Site Baumholder | 1979 | M30 | 3 | 36:55,50 |
| 5 | 273 | Clarke Tom | LLG Landstuhl | 1971 | M40 | 1 | 37:13,00 |
| 6 | 300 | Winschu Axel | TUS Glan-M nchweiler | 1974 | M30 | 4 | 37:55,50 |
| 7 | 344 | Seib Bernd | SV Lamsborn | 1973 | M30 | 5 | 38:10,40 |
| 8 | 338 | Holzapfel Roland | 1. FC Kaiserslautern | 1964 | M40 | 2 | 38:43,00 |
| 9 | 354 | Na han R diger | SV Miesebach | 1961 | M50 | 1 | 38:49,10 |
| 10 | 270 | Clarke Steve | LLG Landstuhl | 1965 | M40 | 3 | 39:06,70 |
| 11 | 347 | Rebmann Christoph | Zweibr cken | 1968 | M40 | 4 | 39:23,80 |
| 12 | 327 | Gloeser Michael | TUS 06 Heltersberg | 1964 | M40 | 5 | 39:27,50 |
| 13 | 313 | Rahm Felix | LC Donnersberg | 1994 | JM A | 1 | 39:35,70 |
| 14 | 393 | Bracke Martin | TuS 06 Heltersberg | 1971 | M40 | 6 | 39:49,90 |
| 15 | 316 | Roos Walter | TV Bad-Bergzabern | 1971 | M40 | 7 | 39:50,40 |
| 16 | 366 | Malo Stefan | LC Donnersberg | 1965 | M40 | 8 | 40:37,90 |
| 17 | 287 | Weingart Joachim | LG Ohmbachsee | 1958 | M50 | 2 | 40:57,10 |
| 18 | 299 | Keller Elmar | TUS Glan-M nchweiler | 1963 | M40 | 9 | 41:12,50 |
| 19 | 365 | Peifer Michael | LC Donnersberg | 1962 | M50 | 3 | 41:24,80 |
| 20 | 341 | Kammerer Jessica | TUS 06 Heltersberg | 1979 | W30 | 1 | 41:28,10 |
| 21 | 280 | Kolb Freddy | Der Laufladen | 1960 | M50 | 4 | 41:30,30 |
| 22 | 364 | Klos Karl-Heinz | LC Donnersberg | 1952 | M60 | 1 | 41:34,60 |
| 23 | 320 | Lahm Steffen | TUS 06 Heltersberg | 1982 | M30 | 6 | 41:45,20 |
| 24 | 265 | Schalk Stefan | LG Hochspeyer | 1976 | M30 | 7 | 41:58,00 |
| 25 | 278 | Frenger Monika | TSG 1861Kaiserslautern | 1985 | W20 | 1 | 42:01,10 |
| 26 | 332 | Baque Hans | 1. FC Kaiserslautern | 1958 | M50 | 5 | 42:30,90 |
| 27 | 288 | Heil Carsten | LG Ohmbachsee | 1976 | M30 | 8 | 42:40,40 |
| 28 | 389 | Bodenschatz Mario | TuS 06 Heltersberg | 1969 | M40 | 10 | 42:56,80 |
| 29 | 382 | Kriegsh user Dieter | TuS 06 Heltersberg | 1953 | M50 | 6 | 42:57,00 |
| 30 | 385 | Doesken Norman | TV Rodenbach | 1971 | M40 | 11 | 43:46,40 |
| 31 | 303 | Roths Matthias | TV Limbach | 1974 | M30 | 9 | 43:53,40 |
| 32 | 360 | van der Maijden Andy | FahmDafa | 1962 | M50 | 7 | 44:00,40 |
| 33 | 309 | Bauser Ribana | LLG Landstuhl | 1971 | W40 | 1 | 44:05,80 |
| 34 | 310 | Weinkauff Norbert | PSV Pirmasens | 1952 | M60 | 2 | 44:20,90 |
| 35 | 304 | Rollwa Herbert | VFL Ostelsheim | 1950 | M60 | 3 | 44:21,20 |
| 36 | 392 | Berberich Hans-Joachim | Bruchm hlbach | 1967 | M40 | 12 | 44:27,40 |
| 37 | 307 | Thomas Christian | 1. FC Kaiserslautern | 1964 | M40 | 13 | 44:36,70 |
| 38 | 349 | Hubich Markus | SV Heiligenmoschel | 1968 | M40 | 14 | 44:37,00 |
| 39 | 260 | Bernhard Karsten | SV Hermersberg | 1971 | M40 | 15 | 44:43,10 |
| 40 | 255 | Nicke Andreas | 1.FC Kaiserslautern | 1969 | M40 | 16 | 44:53,10 |
| 41 | 326 | Schmidt Andreas | Kaiserslautern | 1968 | M40 | 17 | 45:10,50 |
| 42 | 345 | Agne Lukas | SV Lamsborn | 1991 | M20 | 2 | 45:27,40 |
| 43 | 373 | Kratsch Dieter | TUS Glan-M nchweiler | 1959 | M50 | 8 | 45:43,30 |
| 44 | 272 | Jung Erik | LLG Landstuhl | 1994 | JM A | 2 | 45:51,30 |

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|-----|------|--------------------|---------------------------|-------|--------|----|----------|
| 45 | 372 | Heselandt Lutz | TUS 06 Heltersberg | 1959 | M50 | 9 | 45:54,70 |
| 46 | 286 | Loewe Hubert | SV Weselberg | 1967 | M40 | 18 | 45:56,30 |
| 47 | 386 | Kupperroth Bernd | TuS 06 Heltersberg | 1964 | M40 | 19 | 46:32,30 |
| 48 | 358 | Braun Ralf | Landstuhl | 1960 | M50 | 10 | 46:42,10 |
| 49 | 281 | Barz J rgen | TV Rodenbach | 1969 | M40 | 20 | 46:54,40 |
| 50 | 271 | Clarke Robyn | LLG Landstuhl | 1968 | W40 | 2 | 47:03,10 |
| 51 | 277 | Reeber Larayne | Weilerbach | 1954 | W50 | 1 | 47:06,50 |
| 52 | 376 | Herrmann Thomas | PZUL e.V Trippstadt | 1968 | M40 | 21 | 47:22,40 |
| 53 | 264 | Wegmann Elisabeth | LLG Drei Buchen | 1962 | W50 | 2 | 47:23,50 |
| 54 | 269 | Hinkel Robert | LVK  Pirmasens | 1937 | M70 | 1 | 47:30,90 |
| 55 | 290 | Coyne Ryan | Team LRO | 1974 | M30 | 10 | 47:32,80 |
| 56 | 342 | Heine Gunnar | Kirrborg | 1972 | M40 | 22 | 47:40,50 |
| 57 | 334 | M ller Markus | TB Hermersberg | 1962 | M50 | 11 | 47:46,90 |
| 58 | 292 | Zoche Steffen | SV Kohlbachtal | 1981 | M30 | 11 | 47:53,80 |
| 59 | 377 | Stucky Gudrun | TUS 06 Heltersberg | 1965 | W40 | 3 | 48:36,30 |
| 60 | 251 | Scheiber Roland | Schallodenbach | 1957 | M50 | 12 | 48:41,30 |
| 61 | 308 | Gries Klaus | Hermersberg | 1970 | M40 | 23 | 48:47,60 |
| 62 | 293 | Laborenz Frank | ohne | 1968 | M40 | 24 | 49:04,20 |
| 63 | 266 | Koch Gerhard | WiWa-KL | 1953 | M50 | 13 | 49:06,00 |
| 64 | 318 | Sch n Thomas | FH-KL Die Flitzer | 1988 | M20 | 3 | 49:09,00 |
| 65 | 322 | Horbach Mario | TuS 06 Heltersberg | 1968 | M40 | 25 | 49:27,90 |
| 66 | 340 | Merkel Florian | WiWa-KL | 1990 | M20 | 4 | 49:36,90 |
| 67 | 339 | Dr.Merkel | WiWa-KL | 1953 | M50 | 14 | 49:55,10 |
| 68 | 359 | Arenth Heiko | Team Erdinger Alkoholfrei | 1971 | M40 | 26 | 50:00,30 |
| 69 | 355 | Wagner Anja | Rodalben | 1969 | W40 | 4 | 50:04,80 |
| 70 | 297 | Schmitz G nther | SV Schopp | 1961 | M50 | 15 | 50:12,10 |
| 71 | 296 | Winkelmann Steffen | Pirmasens | 1962 | M50 | 16 | 50:50,80 |
| 72 | 295 | Wagler Ralf | SV Schopp | 1974 | M30 | 12 | 51:04,00 |
| 73 | 391 | H h Ingrid | TuS 06 Heltersberg | 1966 | W40 | 5 | 52:07,50 |
| 74 | 469 | Jung Max | LLG Landstuhl | 2000 | SCHM B | 1 | 52:29,90 |
| 75 | 254 | Lang Walter | SV Miesau | 1944 | M60 | 4 | 52:37,90 |
| 76 | 383 | Hiller Matthias | Wasgau-Laufteam | 1973 | M30 | 13 | 52:44,20 |
| 77 | 285 | Borst Karl | Zum Storchennest Bann | 1956 | M50 | 17 | 52:51,30 |
| 78 | 324 | Malle Gunter | TSG Kaiserslautern | 1960 | M50 | 18 | 52:55,30 |
| 79 | 336 | Krieg Monika | Laufteam Pirmasens | 1970 | W40 | 6 | 52:58,90 |
| 80 | 275 | Clarke-Jung Karma | LLG Landstuhl | 1963 | W40 | 7 | 53:03,00 |
| 81 | 317 | Sch rmann Jens | FH-KL Die Flitzer | 1987 | M20 | 5 | 53:17,80 |
| 82 | 387 | Bartels Karin | TuS 06 Heltersberg | 1966 | W40 | 8 | 53:32,50 |
| 83 | 305 | Hinkel Friedrich | TV-Lemberg | 1940 | M70 | 2 | 53:53,00 |
| 84 | 390 | Luba Walter | TSG Kaiserslautern | 1950 | M60 | 5 | 54:36,50 |
| 85 | 371 | Schneider Julia | LC Donnersberg | 1977 | W30 | 2 | 54:44,20 |
| 86 | 283 | Bauer Martin | SV Steinwenden | 1964 | M40 | 27 | 54:48,70 |
| 87 | 379 | Jung J rgen | SV Maschbach | 1958 | M50 | 19 | 54:51,10 |
| 88 | 362 | Vogel Rudi | SV Weselberg | 1945 | M60 | 6 | 54:52,60 |

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| 89 | 267 | Knehr Eric | TV Rodenbach | 1960 | M50 | 20 | 55:29,20 |
| 90 | 466 | Clarke Allen | LLG Landstuhl | 1998 | SCHM A | 1 | 55:30,20 |
| 91 | 323 | Schwarm Heinz | TV Rodenbach | 1943 | M60 | 7 | 55:33,80 |
| 92 | 325 | Schneider Andrea | 1. FC Kaiserslautern | 1964 | W40 | 9 | 55:40,60 |
| 93 | 282 | Weingarth Klaus | Team Erdinger | 1958 | M50 | 21 | 55:54,00 |
| 94 | 346 | Stamm Werner | LT Uni Kaiserslautern | 1963 | M40 | 28 | 56:11,40 |
| 95 | 378 | Becker Markus | Thaleischweiler | 1967 | M40 | 29 | 56:16,20 |
| 96 | 311 | Humphrey Linda | LLG Landstuhl | 1972 | W40 | 10 | 56:59,20 |
| 97 | 257 | Schuster Erwin | ohne | 1952 | M60 | 8 | 57:04,30 |
| 98 | 356 | Lindemer Ralph | TB Hermersberg | 1969 | M40 | 30 | 57:06,40 |
| 99 | 331 | Jochum Katja | TuS 06 Heltersberg | 1973 | W30 | 3 | 57:23,40 |
| 100 | 333 | Jochum Uwe | TUS 06 Heltersberg | 1969 | M40 | 31 | 57:24,20 |
| 101 | 268 | Hellriegel Werner | TV Rodenbach | 1951 | M60 | 9 | 57:33,20 |
| 102 | 256 | Schuster Lilia | ohne | 1986 | W20 | 2 | 57:39,70 |
| 103 | 329 | Hein Christine | 1.FC Kaiserslautern | 1962 | W50 | 3 | 58:04,00 |
| 104 | 352 | Becker Isabell | Fit in Lautern | 1983 | W20 | 3 | 59:11,40 |
| 105 | 321 | Horbach Katja | TuS 06 Heltersberg | 1970 | W40 | 11 | 59:35,40 |
| 106 | 330 | Schneider Gudrun | 1.FC Kaiserslautern | 1958 | W50 | 4 | 59:45,30 |
| 107 | 261 | Nagel Klaus | TUS 06 Heltersberg | 1957 | M50 | 22 | 59:51,00 |
| 108 | 328 | Koster-Crumb Patricia | 1. FC Kaiserslautern | 1970 | W40 | 12 | 1 00:02,70 |
| 109 | 294 | Klein Helmut | PS | 1955 | M50 | 23 | 1 00:06,10 |
| 110 | 276 | M ller Marliese | 1. FC Kaiserslautern | 1953 | W50 | 5 | 1 00:14,30 |
| 111 | 306 | Kaufmann Christoph | 1. FC Kaiserslautern | 1979 | M30 | 14 | 1 00:22,50 |
| 112 | 384 | K nnel Stephan | Hermersberg | 1980 | M30 | 15 | 1 00:34,50 |
| 113 | 291 | Castro Patricia | Team LRO | 1969 | W40 | 13 | 1 00:36,70 |
| 114 | 289 | Coyne Jennifer | Team LRO | 1977 | W30 | 4 | 1 00:37,10 |
| 115 | 357 | K nnel Marc | TB Hermersberg | 1990 | M20 | 6 | 1 00:37,40 |
| 116 | 380 | Erford Kristin | Bann | 1993 | JW A | 1 | 1 00:58,20 |
| 117 | 262 | Nagel Erika | TUS 06 Heltersberg | 1962 | W50 | 6 | 1 01:09,80 |
| 118 | 348 | Rutz Klaus | 1. FC Kaiserslautern | 1956 | M50 | 24 | 1 01:22,30 |
| 119 | 363 | Zawada Adam | Renal Runners Homburg | 1982 | M30 | 16 | 1 01:37,80 |
| 120 | 388 | Bodenschatz Andrea | TuS 06 Heltersberg | 1972 | W40 | 14 | 1 01:46,10 |
| 121 | 343 | Heine Sabine | Kirrberg | 1959 | W50 | 7 | 1 01:48,40 |
| 122 | 375 | Veile Iris | Altenglan | 1962 | W50 | 8 | 1 01:49,20 |
| 123 | 374 | Veile Ralf | Schnick Schnack | 1963 | M40 | 32 | 1 01:49,70 |
| 124 | 351 | Cappel Andreas | LSC Athlon | 1963 | M40 | 33 | 1 01:50,30 |
| 125 | 298 | Hofst tter Isabelle | Otterbach | 1979 | W30 | 5 | 1 02:38,20 |
| 126 | 263 | Bayer Marie-Louise | TV Bad Bergzabern | 1946 | W60 | 1 | 1 03:34,30 |
| 127 | 258 | Weidler Heidemarie | TUS 06 Heltersberg | 1952 | W60 | 2 | 1 04:12,30 |
| 128 | 319 | Rothhaar Martin | PSV Pirmasens | 1952 | M60 | 10 | 1 04:40,60 |
| 129 | 381 | Erford Gabi | Bann | 1962 | W50 | 9 | 1 04:50,30 |
| 130 | 353 | Kupperroth Christine | TUS 06 Heltersberg | 1963 | W40 | 15 | 1 05:12,80 |
| 131 | 335 | Fols Sylke | TUS 06 Heltersberg | 1971 | W40 | 16 | 1 05:13,70 |
| 132 | 361 | Mellmann Gisela | SV SchlauCom Saar05 Saarbr | 1949 | W60 | 3 | 1 06:30,20 |

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|-----|------|-----------------|-------------------|-------|--------|---------------|
| 133 | 259 | Ernst Friedrich | LLG Drei Buchen | 1939 | M70 | 3 1 07:00,10 |
| 134 | 252 | Werth Jennifer | Fribi Fun Runners | 1984 | W20 | 4 1 08:02,60 |
| 135 | 253 | Mayer Thorsten | Fribi Fun Runners | 1980 | M30 | 17 1 08:04,70 |
| 136 | 279 | Welter Otto | PSV Pirmasens | 1941 | M70 | 4 1 08:52,10 |